

# Pyrford & Byfleet SureStart Childrens Centre

#### October Timetable

For Families with under 5's living in Pyrford, Byfleet & West Byfleet

#### babycafé

Breastfeeding support running every

Monday

(except Bank holidays)
10.00am—12noon
at the YPod Centre,
Chobham Rd, Woking
This is a drop in café for help &
advice for pregnant & breast
feeding Mums.
For more information, please

contact the Children's Centre

#### Post natal course

4 Week course run for parents with babies under 6 months old.

Monday 5th November
10.00am-11.30am
Pyrford Children's Centre
£10.00 charge for this course
(non refundable)



# Introduction to Family Foods Workshop

How to introduce solid foods to babies at 6 months of age.

Suitable for parents with babies

4-6 months

Monday 1st October 10.00am-11.30am Pyrford Children's Centre



## Fi

#### First Aid Course

Pyrford Children's Centre
Pyrford CE Primary School
Coldharbour Road Pyrford
GU22 8SP

Wednesday 10th October 7.00pm-9.00pm

This is a 2 hour course run by a qualified trainer to give parents a basic knowledge of First Aid, to help your child in case of an emergency

There is a charge of £20 (non refundable) for this course.

#### Play & Learn Hour

A group for parents/family carers with children from birth to 4 years St Mary's CE Primary School (Rectory Lane Entrance) Byfleet Wednesday

9.00am — 10.00am 10.30am — 11.30am 3rd Oct 10th Oct 17th Oct



\*\*Suggested donation £1 per child\*\*

#### Baby Group

A group for parents/family carers with Babies from newborn to 18 months

St Mary's CE Primary School (Rectory Lane Entrance) Byfleet

1st & 3rd Wednesday of each month

(term time only)
1.30pm—2.30pm

3rd Oct 17th Oct



Infant Health Clinic

Byfleet Village Hall

#### 4th Wednesday of each month

24th October

1.00pm-3.00pm

A health visitor will be running the Baby Clinic.

No appointment is necessary for this clinic.

A member of the Children's Centre team will always be on hand to provide information on any family/ parenting support issues you may have

# SPORT4KIDS

October Half Term
Monday 22nd October
Church of The Good Shepherd,
Pyrford
9.30cm-10.15cm

9.30am-10.15am

10.30am-11.15am

11.30am-12.15pm

A fun session including story telling and active play

For children aged 2-4 years including siblings up to 7 years
£1.00 per child payable in advance (non refundable)

#### Stay & Play

Including a Baby zone area & outdoor messy play

A group for parents/family carers with children from birth to 4 years

Pyrford Children's Centre
Pyrford CE Primary School
Friday

10.45am-12 noon 5th Oct 12th Oct 19th Oct

\*\*Suggested donation £1 per child\*\*





# Parenting Puzzle 11 week course

Pyrford Children's Centre

There is a charge of £25 (non refundable) for this course

Please ring us to find out when the next course will be running



#### Young Parents Group

Every Friday 12 noon-1.30pm
At The Ypod Centre, Chobham
Road, Woking, Surrey GU21 6JD
For more information contact the
Children's Centre
Fun activities for you and your children & a safe play area for young
babies

Free Refreshments and lunch

provided

Home Safety Packs

At Pyrford & Byfleet Children's Centre
we are committed to
mproving your child's safety and are
pleased to be able to offer you the
chance to
purchase a Clippasafe Home Safety

Starter Pack at a greatly reduced price

of £5.00



### NHS

Healthy Start
We sell Children's Vitamin drops
& Vitamin tablets
for pregnant women at all our
venues. Or free in exchange
with a Healthy Start Voucher



#### Breast Pump Hire

Did you know you can hire a Breast
Pump from us?
These electric breast pumps are
recommended by Health
Professionals and Breast Feeding
Councillors.

For a small fee of £10, you can hire a pump for a period of up to two months.

Please contact one of the Children's

Centre team for more details



\*\*\*\*All sessions must be prebooked as places are limited. \*\*\*\*

ALL SESSIONS ARE FREE UNLESS OTHERWISE NOTIFIED

Please contact one of the Children's Centre Team on 01932 339055 or email:

childrenscentreadmin@pyrford.surrey.sch.uk
Pyrford CofE Primary School,
Coldharbour Road,

In order to cover some of the cost of our sessions we would ask parents who are able to, to make a financial contribution.

A suggested donation is £1.00 per child where indicated on the timetable.

