For Families with under 5's living in Pyrford, Byfleet & West Byfleet

Monday Drop in Please feel free to drop in on a Monday morning at the Children's Centre at Pyrford CE Primary School, Pyrford, for advice & information on areas such as Child Development Parenting Job advice & training opportunties



Introduction to Family Foods Workshop How to introduce solid foods to babies at 6 months of age. Suitable for parents with babies 4-6 months 19th March 10.00am-11.30am Pyrford Children's Centre



**Development Check for** 1 year olds

1st, 2nd & 3rd Wednesday of each month at Pyrford Children's Centre, run by the Health Visitor

\*\*\*By appointment only\*\*\*

These appointments are issued by the Health Visitor directly to the family.









February Timetable

# babycafé

Breastfeeding support running every Monday 10.00am-12noon at the YPod Centre. Chobham Rd, Woking

This is a drop in café for help & advice for pregnant & breast feeding Mums. For more information, please contact the Children's Centre

Play & Learn Hour A group for parents/family carers with children from birth to 4 years St Mary's CE Primary School (Rectory Lane Entrance) Byfleet Wednesday 9.00 am - 10.00 am10.30am - 11.30am 7th Feb 21st Feb 28th Feb **"**, 28 Suggested donation 🎉 🦉 £1 per child\*\*

## Infant Health Clinic

Byfleet Village Hall

4th Wednesday of each month 28th February 2018 1.00pm-3.00pm

A health visitor will be running the Baby Clinic. No appointment is necessary for this clinic. A member of the Children's Centre team will always be on hand to provide information on any family/ parenting support issues you may

have





# Post natal course

4 Week course run for parents with babies under 6 months old. Starting Monday 26th February 10.00am-11.30am Pyrford Children's Centre £10.00 charge for this course (non refundable)



# Baby Group

A group for parents/family carers with Babies from newborn to 18 months St Mary's CE Primary School (Rectory Lane Entrance) Byfleet 1st & 3rd Wednesday of each month (term time only) 1.30pm-2.30pm 7th Feb 21st Feb

#### Stay & Play Including a Baby zone area & outdoor messy play A group for parents/family carers with children from birth to 4 years Pyrford Children's Centre Pyrford CE Primary School Friday 10.45am-12 noon 2nd Feb 9th Feb 23rd Feb

\*\*\*PLEASE NOTE NEW TIME\*\*\*

\*\*Suggested donation £1 per child\*\*



\*\*\*All sessions must be pre booked as places are limited. Please see page 2 for contact details\*\*\*



# **Parenting Puzzle** 11 week course

Please call to find out when the next course will be running

There is a £25 charge for this course



### **First Aid Course**

St Mary's Church Community Hall, Church Road, Byfleet KT14 7NF Tuesday 20th February 7.00pm-9.00pm

This is a 2 hour course run by a qualified trainer to give parents a basic knowledge of First Aid, to help your child in case of an emergency Please call the Children's Centre for further details.

There is a charge of  $\pounds 20$  (non refundable) for this course.

Healthy Start

We sell Children's Vitamin drops & Vitamin tablets for pregnant women at all our venues. Or free in exchange with a Healthy Start Voucher



**Breast Pump Hire** Did you know you can hire a Breast Pump from us? These electric breast pumps are recommended by Health Professionals and Breast Feeding Councillors. For a small fee of  $\pounds 10$ , you can hire a pump for a period of up to two months. Please contact one of the Children's Centre team for more details

Young Parents Group Every Friday 12 noon-1.30pm At The Ypod Centre, Chobham Road, Woking, Surrey GU21 6JD For more information contact the Children's Centre Fun activities for you and your children & a safe play area for young babies Free Refreshments and lunch provided For Parents up to 23 years old with their children 0-5 years

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**Toilet Training Workshop** Monday 19th February 1.30pm-3.00pm Children's Centre St Mary's CE Primary School (Rectory Lane entrance) Byfleet Wednesday 28th February 9.15am-10.45am Children's Centre Pyrford CE Primary School Coldharbour Road Pyrford A great opportunity to explore the signs for when your child is ready for toilet training \*\*\*Please note this is an adult only workshop\*\*\*

> Half Term Spring Craft and Soft Play Fun The Church of the Good Shepherd Coldharbour Road Pyrford GU22 85P Fri 16th February 9.30am-10.30am 11.00am-12 noon £1.00 donation per child payable on the day

Please see separate flyer for further details



\*\*\*\*All sessions must be prebooked as places are limited.\*\*\*\*

ALL SESSIONS ARE FREE UNLESS OTHERWISE NOTIFIED

Please contact one of the Children's Centre Team on 01932 339055 or email: childrenscentreadmin@pyrford.surrey.sch.uk Pyrford CofE Primary School, Coldharbour Road. Pyrford, Woking, Surrey GU22 8SP

In order to cover some of the cost of our sessions we would ask parents who are able to, to make a financial contribution. A suggested donation is  $\pounds 1.00$  per child where indicated on the timetable.