For Families with under 5's living in Pyrford, Byfleet & West Byfleet



#### March Timetable



Monday Drop in
Please feel free to drop in on a
Monday morning at the Children's
Centre at Pyrford CE Primary
School, Pyrford, for advice & information on areas such as
Child Development
Parenting
Job advice & training
opportunties



### babycafé

Breastfeeding support running every

Monday

10.00am—12noon at the YPod Centre, Chobham Rd, Woking

This is a drop in café for help & advice for pregnant & breast feeding Mums.

For more information, please contact the Children's Centre

#### Post natal course

4 Week course run for parents with babies under 6 months old.

Please call to check when the next course if running
Pyrford Children's Centre
£10.00 charge for this course
(non refundable)



#### Introduction to Family Foods Workshop

How to introduce solid foods to babies at 6 months of age. Suitable for parents with babies 4-6 months 19th March 10.00am-11.30am

Pyrford Children's Centre



Play & Learn Hour
A group for parents/family carers
with children from birth to 4 years
St Mary's CE Primary School
(Rectory Lane Entrance) Byfleet

Wednesday 9.00am — 10.00am 10.30am — 11.30am 7th Mar 14th Mar 21st Mar 28th Mar

\*\*Suggested donation £1 per child\*\*



#### Baby Group

A group for parents/family carers with Babies from newborn to 18 months

St Mary's CE Primary School (Rectory Lane Entrance)
Byfleet

1st & 3rd Wednesday of each month
(term time only)
1.30pm—2.30pm
7th Mar
21st Mar



## Development Check for 1 year olds

1st,2nd & 3rd Wednesday of each month at Pyrford Children's Centre, run by the Health Visitor

\*\*\*By appointment only\*\*\*

These appointments are issued by the Health Visitor directly to the family.

Please ring us for more information



Infant Health Clinic

Byfleet Village Hall

4th Wednesday of each month 28th March 2018 1.00pm—3.00pm

A health visitor will be running the Baby Clinic. No appointment is necessary for this clinic.

A member of the Children's Centre team will always be on hand to provide information on any family/ parenting support issues you may have

#### Stay & Play

Including a Baby zone area & outdoor messy play
A group for parents/family carers with children from birth to 4 years

Pyrford Children's Centre Pyrford CE Primary School Friday 10.45am-12 noon

2nd Mar 9th Mar 16th Mar 23rd Mar

\*\*\*PLEASE NOTE NEW TIME\*\*\*

\*\*Suggested donation £1 per child\*\*





#### Parenting Puzzle 11 week course

Please call to find out when the next course will be running

There is a £25 charge for this course



#### Young Parents Group Every Friday 12 noon-1.30pm

At The Ypod Centre, Chobham
Road, Woking, Surrey GU21 6JD
For more information contact the
Children's Centre

Fun activities for you and your children & a safe play area for young babies Free Refreshments and lunch

Free Refreshments and lunch provided

For Parents up to 23 years old with their children 0-5 years Partners or friends welcome



#### First Aid Course

Pyrford Children's Centre Pyrford CE Primary School Coldharbour Road Pyrford GU22 8SP Wednesday 21st March 7.00pm-9.00pm

This is a 2 hour course run by a qualified trainer to give

parents a basic knowledge of First Aid, to help your child in case of an emergency

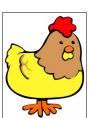
Please call the Children's Centre for further details.

There is a charge of £20 (non refundable) for this course.

This includes a First aid certificate

# The Farm is coming to visit Pyrford Children's Centre!

## Pyrford CE Primary School Coldharbour Road Pyrford Woking GU22 8SP



Monday 9th April 10.00am-10.45am 10.45am-11.30am 11.30am-12.15pm 1.00pm-2.00pm

Older siblings up to age 7 years old are welcome to come along.

£1.00 per person (Adults & Children)



## NHS

Healthy Start

We sell Children's Vitamin drops & Vitamin tablets for pregnant women at all our venues. Or free in exchange with a Healthy Start Voucher



#### **Breast Pump Hire**

Did you know you can hire a Breast Pump from us?

These electric breast pumps are recommended by Health Professionals and Breast Feeding Councillors.

For a small fee of £10, you can hire a pump for a period of up to two months.

Please contact one of the Children's Centre team for more details



\*\*\*\*All sessions must be prebooked as places are limited.\*\*\*\*

ALL SESSIONS ARE FREE UNLESS OTHERWISE NOTIFIED

Please contact one of the Children's Centre Team on 01932 339055 or email: childrenscentreadmin@pyrford.surrey.sch.uk
Pyrford CofE Primary School,
Coldharbour Road,
Pyrford, Woking, Surrey GU22 8SP

In order to cover some of the cost of our sessions we would ask parents who are able to, to make a financial contribution.

A suggested donation is £1.00 per child where indicated on the timetable.

Thank you