For Families with under 5's living in Pyrford, Byfleet & West Byfleet



December Timetable



Monday Drop in Please feel free to drop in on a Monday morning at the Children's Centre at Pyrford CE Primary School, Pyrford, for advice & information on areas such as Child Development Parenting Job advice & training opportunties



babycafé

Breastfeeding support running every Monday

10.00am-12noon at the YPod Centre, Chobham Rd, Woking

This is a drop in café for help & advice for pregnant & breast feeding Mums. For more information, please contact the Children's Centre



Post natal course

4 Week course run for parents with babies under 6 months old.

Starting Monday 15th January 10.00am-11.30am Pyrford Children's Centre

£10.00 charge for this course



Introduction to Family Foods Workshop

How to introduce solid foods to babies at 6 months of age. Suitable for parents with babies 4-6 months 5th Februar 10.00am-11.30am Pyrford Children's Centre



Play & Learn Hour A group for parents/family carers with children from birth to 4 years St Mary's CE Primary School (Rectory Lane Entrance) **Byfleet**

Wednesday 9.00am — 10.00am 10.30am — 11.30am 6th Dec 13th Dec *Suggested donation £1 per child**



Baby Group

A group for parents/family carers with Babies from newborn to 18 months St Mary's CE Primary School (Rectory Lane Entrance) **Byfleet** 1st & 3rd Wednesday of each month (term time only) 1.30pm—2.30pm 6th Dec



Development Check for 1 year olds

1st,2nd & 3rd Wednesday of each month at Pyrford Children's Centre, run by the Health Visitor

By appointment only

These appointments are issued by the Health Visitor directly to the family.

Please ring us for more information



Infant Health Clinic Byfleet Village Hall

4th Wednesday of each month

24th January 2018 1.00pm—3.00pm

A health visitor will be running the Baby Clinic.

No appointment is necessary for this clinic

A member of the Children's Centre team will always be on hand to provide

information on any family/parenting support issues you may have

PLEASE NOTE THERE IS NO CLINIC ON 27TH DECEMBER

Stay & Play

Including a Baby zone area & outdoor messy play
A group for parents/family carers

with children from birth to 4 years Pyrford Children's Centre Pyrford CE Primary School Friday

10.45am-12 noon 1st Dec 8th Dec

PLEASE NOTE NEW TIME **Suggested donation £1 per child**



All sessions must be pre booked as places are limited. Please see page 2 for contact details



Parenting Puzzle 11 week course

Next course starts on Thursday 11th January 2018 7.00pm-9.00pm We are currently taking bookings There is a £25 charge for this course



Young Parents Group

Every Friday 12 noon-1.30pm At The Ypod Centre, Chobham Road, Woking, Surrey GU21 6JD For more information contact the Children's Centre

Fun activities for you and your children & a safe play area for young babies Free Refreshments and lunch

provided

For Parents up to 23 years old with their children 0-5 years Partners or friends welcome



Christmas Fun at Wisley Gardens Come and enjoy a wonderful Christmas workshop in the Education Centre and some

outdoor story telling in Wisley Gardens, then feel free to explore the gardens for the rest of the day.

Monday 4th December 10am - 12 noon This workshop is suitable for pre school children from 2 years old. (Younger siblings in prams etc are welcome to accompany them too!)



First Aid Course

St Mary's Church Community Hall, Church Road, Byfleet KT14 7NF Tuesday 20th February 7.00pm-9.00pm

This is a 2 hour course run by a qualified trainer to give parents a basic knowledge of First Aid, to help your child in

case of an emergency

Please call the Children's Centre for further details.

There is a charge of £20 (non refundable) for this course. This includes a First aid certificate and book.





your child starting school in September 2018?

Please remember the admissions deadline is 15th January 2018



Healthy Start We sell Children's Vitamin drops & Vitamin tablets for pregnant women at all our

venues. Or free in exchange with a Healthy Start Voucher



Breast Pump Hire

Did you know you can hire a Breast Pump from us?

These electric breast pumps are recommended by Health Professionals and Breast Feeding **Councillors**

For a small fee of £10, you can hire a pump for a period of up to two months.

Please contact one of the Children's Centre team for more details

Home Safety Packs At Pyrford & Byfleet Children's Centre we are committed to mproving your child's safety and are pleased to be able to offer you the chance to purchase a Clippasafe Home Safety Starter Pack at a greatly reduced price of £5.00



****All sessions must be prebooked as places are limited.****

ALL SESSIONS ARE FREE UNLESS OTHERWISE NOTIFIED

Please contact one of the Children's Centre Team on 01932 339055 or email: childrenscentreadmin@pyrford.surrey.sch.uk

> Pyrford CofE Primary School, Coldharbour Road, Pyrford, Woking, Surrey GU22 85P

In order to cover some of the cost of our sessions we would ask parents who are able to, to make a financial contribution. A suggested donation is £1.00 per child where indicated on the timetable.

Thank you