For Families with under 5's living in Pyrford, Byfleet & West Byfleet



January Timetable



Monday Drop in

Please feel free to drop in on a Monday
Morning at the Children's Centre at
Church of the Good Shepherd,
Pyrford, for advice & information on
areas such as
Child Development
Parenting
Job advice & training
opportunties



babycafé

Breastfeeding support running every

Monday

10.00am—12noon at the YPod Centre, Chobham Rd, Woking.

This is a drop in café for help & advice for pregnant & breast feeding Mums. For more information, please contact the Children's Centre



Already completed the Parenting
Puzzle Programme?
Feel like you'd like to do a
2 hour refresher?
Please contact one of the
Children's Centre team to
register your interest

Monday 6th February 10.00am-12 noon

Baby Group

A group for parents/family carers with Babies from newborn to 18 months

> St Mary's CE Primary School (Rectory Lane Entrance) Byfleet

1st & 3rd Wednesday of each month (term time only) 1.30pm—2.30pm

18th January



Play & Learn Hour
A group for parents/family carers with
children from birth to 4 years
St Mary's CE Primary School
(Rectory Lane Entrance)
Byfleet
Wednesday

9.00am — 10.00am 10.30am — 11.30am

> 11th January 18th January 25th January

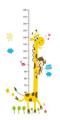


Development Check for 1 year olds

1st & 3rd Wednesday of each month at Pyrford Children's Centre, run by the Health Visitor

By appointment only

These appointments are issued by the Health Visitor directly to the family. Please ring us for more information



Infant Health Clinic Byfleet Village Hall

4th Wednesday of each month 25th January 2017 1.00pm—3.00pm

A health visitor will be running the Baby Clinic. No appointment is necessary for this clinic.

A member of the Children's Centre team will always be on hand to provide information on any family/parenting support issues you may have.



The Parenting Puzzle
11 week programme
Starting 12th January

Thursday Evenings 7.00pm—9.00pm

Pyrford CofE Primary School Coldharbour Road GU22 8SP

Please ask a member of the team for more details

There will be a small charge for this course



First Aid Course

The Church of the Good Shepherd, Coldharbour Road Pyrford GU22 8SP Thursday 2nd February 7.00pm-9.00pm

This is 2 hour course run by a qualified trainer to give parents a basic knowledge of First Aid, to help your child in case of an Emergency

Please call the Children's Centre for further details.

There is a charge of £10 for this course. This includes a 1st aid certificate.

Page 2

January Timetable





Young Parents Group Every Friday 12 noon-1.30pm

At The Ypod Centre, Chobham Road, Woking, Surrey GU21 6JD For more information contact the Children's Centre

Fun activities for you and your children & a safe play area for young babies Free Refreshments and lunch provided

For Parents up to 23 years old with their children 0-5 years Partners or friends welcome

Stay & Play

A group for parents/family carers with children from birth to 4 years

Church of the Good Shepherd **Pyrford** Friday 1.15pm - 2.45pm

13th January 20th January 27th January



Post Natal Group

4 Week course run for parents with babies under 6 months old.

Please call the Children's Centre for more details of the next course

07708 190974





Healthy Start

We sell Children's Vitamin drops & Vitamin tablets for pregnant women at all our venues.

Or free in exchange with a Healthy Start Voucher



Breast Pump Hire

Did you know you can hire a Breast Pump from us?

These electric breast pumps are recommended by Health Professionals and Breast Feeding **Councillors**

For a small fee of £10, you can hire a pump for a period of up to two months.

Please contact one of the Children's Centre team for more details



Home Safety Packs

At Pyrford & Byfleet Children's Centre we are committed to improving your child's safety and are pleased to be able to offer you the chance to purchase a Clippasafe Home Safety Starter Pack at a greatly reduced price of £5.00



Lions & Cubs

A monthly group for Dads/family male carers with children from birth to 4 years

St Mary's CE Primary School (Rectory Lane entrance) Byfleet

Saturday

9.45am-11.00am 14th January



****All sessions must be pre-booked as places are limited.****

ALL SESSIONS ARE FREE UNLESS OTHERWISE NOTIFIED Please contact one of the Children's Centre Team on 07708190974 or email: childrenscentreadmin@pyrford.surrey.sch.uk

> Pyrford CofE Primary School, Coldharbour Road, Pyrford, Woking, Surrey GU22 8SP

Please note: The Children's Centre is currently based in temporary accommodation at The Church of the Good Shepherd Coldharbour Road Pyrford